

*Rejoice
in the Lord
always.*

I will say it again:

rejoice!

Philippians 4:4

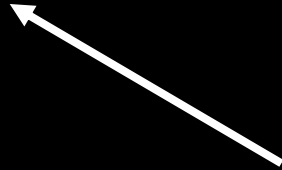


Paul



Paul

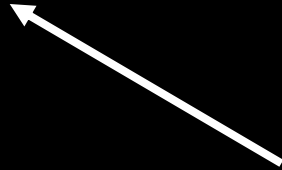
Lies



Paul



Lies



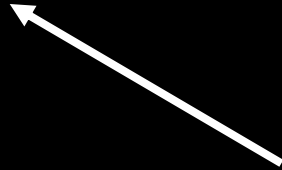
Unwell/ill



Paul



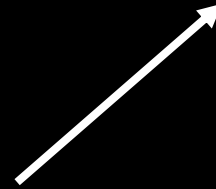
Lies



Unwell/ill



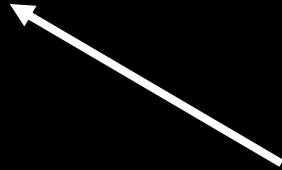
Hurt/attacked



Paul



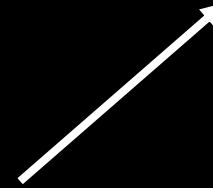
Lies



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Hurt/attacked



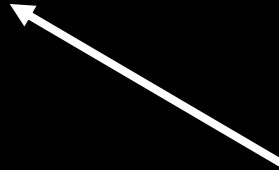
Shipwrecked



Paul



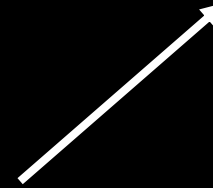
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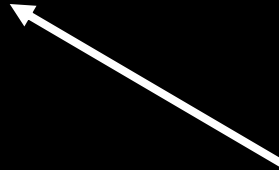
Prison



Paul



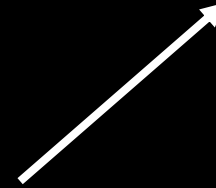
Lies



Unwell/ill



Hurt/attacked



Shipwrecked



Prison



School

Exams

Family

FOMO

Friends



Money

Work

Relationships

Family

Friends

Health



Burdened and anxious?

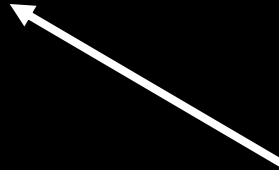




Paul



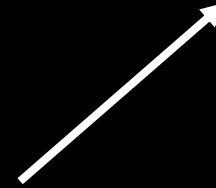
Lies



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Burdened and anxious?



Rejoice





Jesus wept (John 11:35)





Rejoice
in the Lord,
always.
I will say it again:
rejoice!

Philippians 4:4

Joy
vs
happiness

Three stylized flowers are positioned to the right of the word 'vs'. One flower is at the top, and two are below it, one slightly to the left and one slightly to the right.



vs
happiness



God is...



God is...



God has...

God is...



God has...

In Christ, I am...



God is King





God is King



God is Good





God is King



God is Good



God is Love





God is King





God is Good





God is Love





God is King



God is Good



God is Love



Burdened and anxious?





God is King

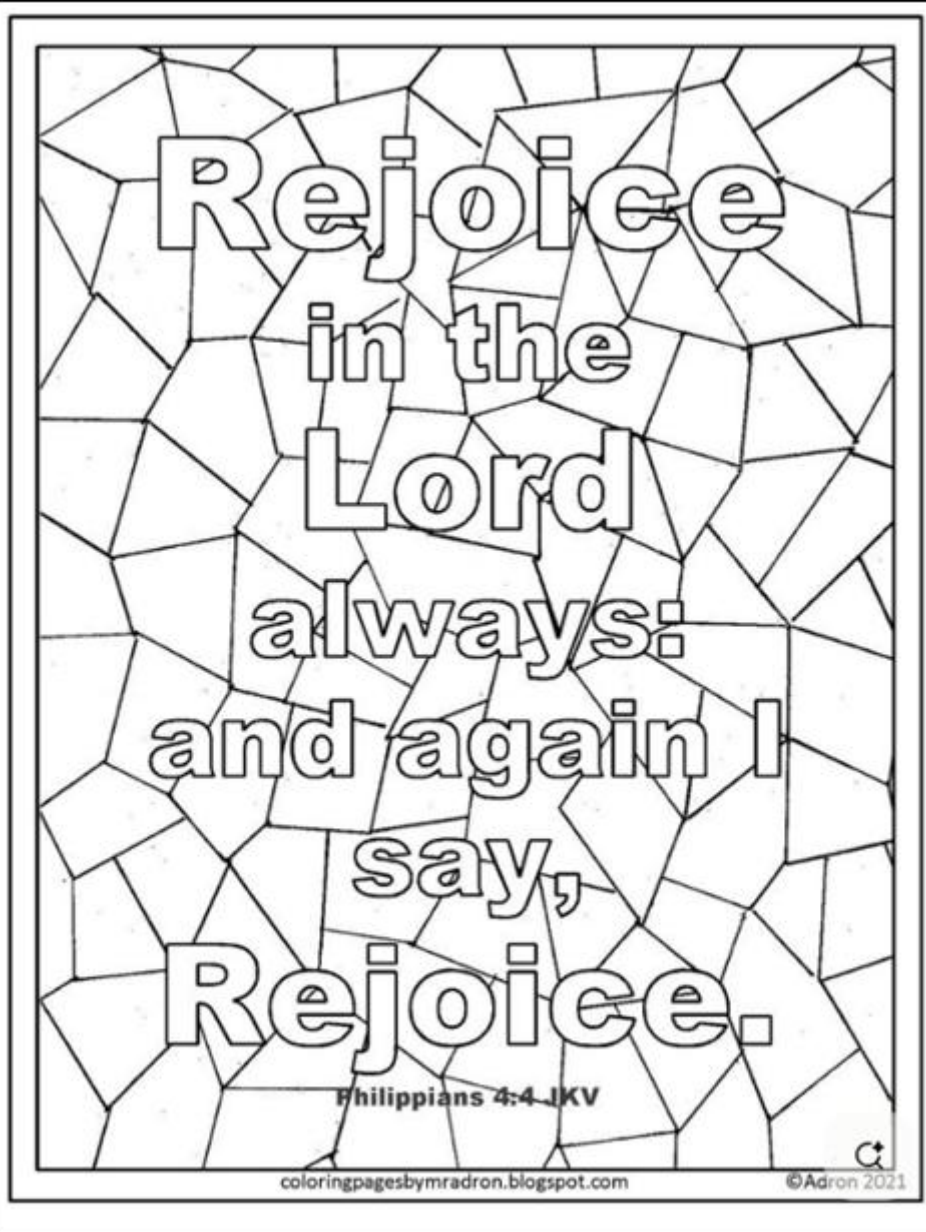


God is Good



God is Love





I can **rejoice in the Lord** when I'm feeling happy or sad because....

God is King

God is Good

God is love

⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

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When you are anxious...

Pray

Petition

Praise

Present your requests...



God is...



God has...

In Christ, I am...

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Burdened and anxious?



Prayer

Petition

Praise

Present your requests...

Peace



